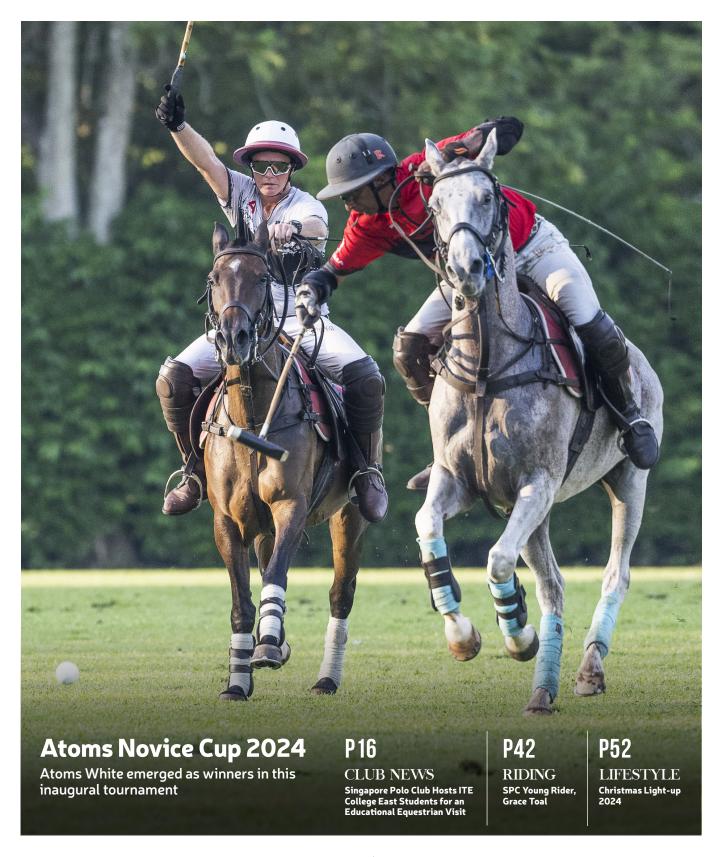
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MANAGEMENT

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Wendy Tham Secretary

Johnny Wong F&B & Events Manager

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Events Manager MPS Rajan

Front Office & Club Rooms Manager

Han Peck Hoe Facilities & Maintenance Manager

Kirby Khoo Finance Manager

Alinna Li Human Resources Manager

Marlene Teo Marketing Communications and Lifestyle Manager

Sunny OhPolo Administration Manager

Colonel Ravi Rathore Atoms Lead Polo Professional

Daniel Sitranen Riding Academy Lead Instructor

OPERATING HOURS

FRONT DESK

7.30am – 9.30pm (Sunday to Thursday) 7.30am – 10.00pm (Friday & Saturday)

F&B OUTLETS

The Paddock

8.00am — 10.30pm (daily) (Last order at 9.30pm)

The Polo Bar

6.00pm – 10.30pm (daily) Closed on Mondays (Last order at 9.45pm)

Coriander Leaf

@ The Mountbatten Room

6.00pm – 10.30pm (weekdays) 12.00pm – 3.00pm & 6.00pm – 10.30pm (weekends) Closed on Mondays (Last order at 2.45pm & 9.45pm)

The Verandah 8.00am – 11.00pm (daily)

(Last order at 9.30pm)

FACILITIES

Gym

7.00am – 9.00pm (weekdays) 8.00am – 8.00pm (weekends)

Swimming Pool

7.00am - 9.00pm (daily)

Tennis Courts

7.00am – 11.00pm (daily)

Atoms Polo Loft

10.00am – 6.00pm (weekdays) 9.00am – 6.00pm (weekends) Closed on Mondays and Public Holidays

The Wellness StudioBy appointment

CONTACTS

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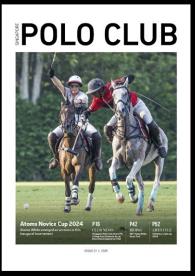
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ON THE COVER



COVER IMAGE

Atoms Lead Polo Professional, Colonel Ravi Rathore and Polo Professional, Cody Williamson at the 2024 Fall International tournament.

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PUBLISHED QUARTERLY BY Singapore Polo Club

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Permit No: MCI (P) 063/11/2022

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Dear Members,

s we step into a new year, I take this opportunity to reflect on the remarkable journey we've had together. The past year has been filled with accomplishments, growth, and memorable moments that have strengthened our Club and its spirit. I am very proud of what we've achieved and excited for the opportunities ahead.

A standout event last year was the second SPC Outreach Polo Tournament & Carnival, held on 15 September. With over 3,000 attendees, the event was a resounding success, bringing together the community for a day of fun-filled carnival games and thrilling equestrian activities. The polo matches, featuring the talented players from Atoms Polo Academy and our seasoned polo veterans, were a true spectacle, showcasing the excitement and skill of the sport. We were honoured to have Mr. Desmond Lee, Minister for National Development & Minister-in-charge of Social Services Integration as our Guest-of-Honour. His compliments for the event further emphasised the dedication and excellence of everyone involved.

Thanks to the collective efforts of our members and supporters, we raised substantial funds for the Club's Outreach Fund, enabling us to present cheques of \$8,888 each to four worthy beneficiaries: Children's Aid Society, Gateway Arts, Muscular Dystrophy Association (Singapore), and SWAMI Home.

This success reinforces our commitment to giving back to and making a positive engagement impact with the community.

Another memorable event was the recent annual Christmas Light-up, filled with festive joy and laughter. The inaugural SPC's Got Talent showcased the extraordinary talents of our younger members. The Christmas carols, Christmas Bazaar, and the ceremonial cutting of the massive festive log cake added to the festive cheer. The appearance of Santa Claus and Santarina, delighting the children with candies which made the event truly magical for one and all.

I am particularly excited with the phenomenal growth of Atoms Polo Academy and SPC Riding Academy which together has a rider/player base of almost 1,500. With its innovative programmes, Atoms is well on track as one of the largest polo academies in the world if not the largest. I would like to credit the tremendous success of both our academies to our General Manager, Mr Sylvan Braberry. Without his bold vision and exceptional leadership, the Club would not have achieved the remarkable success and positive outcomes we have today.

Additionally, we are eagerly preparing for the launch of our inaugural City Polo Tournament sometime in August 2025, as well as the third edition of the SPC Outreach Polo Tournament & Carnival in October 2025. We are committed to making this event even bigger and better!

Looking ahead, our mission remains clear: "To create a caring equestrian community in the heart of Singapore." With this guiding vision, we continue to work towards fostering a welcoming and inclusive environment that encourages growth and participation in a wide range of equestrian activities. We are dedicated to expanding our community outreach efforts, supporting those who are less privileged and those with special needs.

As I conclude my second term as President, I would like to extend my deepest gratitude to my Committee, Subcommittees, the management team, and all our dedicated staff. Above all, I am truly thankful for the unwavering support of our members. Your participation and enthusiasm in our events, activities and competitions are what truly make this Club so special, and it is because of you that we continue to thrive as a vibrant community.

Thank you once again for your support, and I look forward to seeing all of you at the Club. Wishing you and your loved ones a very Happy New Year! ■

Warm Regards,

Lawrence Khong

President

RECIPROCAL LISTING

COUNTRY	CITY	CLUB	CONTACT (WEBSITE)
AFRICA	South Africa	Inanda Polo Club	www.inandaclub.co.za
ARGENTINA	Pilar	Pilara	www.pilara.com.ar
AUSTRALIA	Canberra New South Wales Perth	Canberra Club Sydney Polo Club The Western Australian Club	www.canberraclub.com.au www.sydneypolo.com www.waclub.com.au
CANADA	Calgary Vancouver Toronto	The Ranchmen's Club Terminal City Club The Boulevard Club	www.ranchmensclub.com www.tcclub.com www.boulevardclub.com
CHINA	Beijing Beijing Shanghai Tianjin	Beijing Riviera Country Club The Tang Polo Club Nine Dragons Hill Polo Club Tianjin Goldin Metropolitan Polo Club	www.bjriviera.com www.tangpolo.com www.ndhpolo.com www.goldinmetropolitanhotel.com
FRANCE	France	Polo Club du Domaine de Chantilly	www.poloclubchantilly.com
HONG KONG	Kowloon Lung Ha Wan Road	Kowloon Cricket Club Clearwater Bay Equestrian & Education Centre	www.kcc.org.hk www.ceec.hk
INDIA	Jaipur Kolkata Mumbai Mumbai	Jaipur Riding & Polo Club Calcutta Polo Club Golden Swan Country Club Mumbai Cricket Association Recreation Centre	www.jaipurpolo.com www.calcuttapolo.com www.goldenswan.com/countryclub www.mcarecreationcentre.com
INDONESIA	Jakarta	Mercantile Athletic Club	www.macjakarta.com
ITALY	Rome	Roma Polo Club	www.romapoloclub.it
JAPAN	Yokohama	Yokohama Country & Athletic Club	ycac.or.jp/wp
KOREA	Seoul	Seoul Club	www.seoulclub.org
LUXEMBOURG	Luxembourg	Cercle Munster	www.munster.lu
MALAYSIA	Ipoh Kuala Lumpur Kuala Lumpur Kuala Lumpur	Iskandar Polo Club Sunway Lagoon Club Royal Lake Club Bukit Kiara Equestrian & Country Resort	Nil www.sunway.com.my/club www.royallakeclub.org.my www.berjayaclubs.com
PHILIPPINES	Cebu Makati	Cebu Polo Club Manila Polo Club	www.cebupoloclub.com www.manilapolo.com.ph
SRI LANKA	Colombo	Colombo Swimming Club	www.colomboswimmingclub.org
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Dear Members,

trust you had a joyful Christmas, enjoying the company of family and friends. As we close the chapter on 2024, I'm thrilled to look back on another outstanding year for the Club, marked by numerous milestones and achievements.

Both the SPC Riding Academy and Atoms Polo Academy have continued to thrive, with steady growth in our player and rider base. The Riding Academy now proudly has around 900 riders, and we are excited to see further expansion as we extend our reach locally and regionally. Since its inception in October 2020, the Atoms Polo Academy has flourished, now welcoming over 500 non-handicapped polo players into the Academy.

2024 was also marked by outstanding individual accomplishments. Our rider Yasmine Bonehill represented Singapore in February at the CSIJ-B competition in Pattaya, Thailand, where she secured third place in the individual 95cm to 100cm class Yasmine's success continued in May, when she earned third place in the 110cm class at the KRA Cup CSJI-B in Seoul, Korea, competing against 21 talented riders.

At the National Dressage Championship in April, Megan Ding, Caedan Paul, and Lilly De Geytere emerged as overall champions. In May, Yasmine Bonehill, Nikki Poh, Elly Poh, and Lynly Fong claimed the overall championship title at the National Jumping Championship.

We are happy to announce that Ms. Nicola Hammond has been appointed Riding Instructor (Competitions) and her wealth of experience in competing regionally and also coaching in New Zealand will fit in with the new direction for the Riding Academy. This will include hosting key competitions and raising the standard of our competitive riders.

The inaugural SPC Polo League Championship in May was a standout event, earning praise from players and spectators alike for its adrenaline-charged matches in closer proximity. The Atoms Polo Academy also ran two successful seasons of the Atoms Polo League, garnering positive feedback. Players shared how much they learned from both competing and observing, and they are already eagerly anticipating this year's league. These events have been invaluable to our junior players, offering inspiration and real-world experience on the field.

In addition, our polo players had the special opportunity to engage in a friendly match with the Roma Polo Club, and we were honoured to host His Excellency Ambassador Dante Brandi from the Italian Embassy in Singapore during this event.

The second edition of the SPC Outreach Polo Tournament & Carnival also received high praise, offering the public a unique opportunity to explore the diverse equestrian activities available at the Club. A record three thousand attended this meaningful event as the Club expands its outreach to the community and making a difference to the lives of many through equine assisted therapy, fund raising, community support events, school programs and more.

Our Christmas Light-up event was a blast with carnival-like atmosphere and an SPC's Got Talent contest, which showcased many of our Club's talented children with Lana Samson winning first prize. A huge Christmas log cake and children having a go at the piñata rounded up the evening.

Looking ahead, 2025 promises to be another exciting year. We are thrilled to announce the highly anticipated City Polo Tournament in August, which will be hosted at our Club for the first time. Don't miss our Chinese New Year Lo-Hei celebration in February – remember to register early! We are also planning an even bigger and better third edition of the SPC Outreach Polo Tournament & Carnival later this year. With so many exciting events on the horizon, we look forward to your continued support and participation throughout the year.

I would like to take this opportunity to express my sincere gratitude to our President, Mr. Lawrence Khong, as well as the Committee and Sub-committees, for their invaluable guidance and steadfast support. Together, their contributions have been instrumental in enabling the management and team to continually improve the Club and enhance the overall experience for all. A heartfelt thank you to all our members for your continued support over the years.

Wishing you a prosperous and joyful New Year. We look forward to seeing you soon! ■

Warm Regards,

Sylvan Braberry General Manager

New Members OCTOBER TO DECEMBER 2024

A warm welcome to the new members who have recently joined the Singapore Polo Club family. We look forward to seeing you at the Club!

CHARTER

Hui Pui Yi Aiga Berlim Atmaja

HONORARY

Tange Jakob Brix Ahmad A N A Alshuraim

REGULAR

Lim Seng Hoo
Kevin Pethe
Anthony David Carlos Townsend
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Calendar of Events

Polo

From 7 January

Field Open for Stick & Ball

From 21 January

Chukkas

15 & 16 March

Club Cup

12 & 13 April

Patron's Cup 1

10 to 25 May

SPC Polo League

14 & 15 June

Club Cup

14 July to 4 August

Field Closure

30 August

City Polo

9 to 14 September

Fall Tournament: Silver Cup 4 Goals

16 to 21 September

Fall Tournament: Gold Cup 6 Goals

11 October

SPC Outreach Polo Tournament & Carnival

25 to 26 October

Patron's Cup 2

7 November

Groom's Cup

17 November to 1 January 2026

Field Closure

Atoms & Riding

8 February to 2 March

Atoms Polo League Season 5

1 to 3 April

Easter Pony Camp

26 & 27 April

Atoms Spring Cup

5 April

Polo Test

21 & 22 June

Atoms Summer Cup

24 to 26 June

Summer Pony Camp

28 to 29 June

Summer Overnight Camp

14 July to 4 August

Field Closure

15 to 17 July

Pony Camp

16 to 24 August

Atoms Polo League Season 6

13 to 14 September

Autumn Overnight Camp

11 October

Atoms Outreach Tournament



18 & 19 October

Atoms Ladies Cup

21 to 23 October

Halloween Pony Camp

26 October

Polo Test

1 November

- Atoms Exhibition Match
- · Atoms 5th Year Anniversary

17 November to 1 January 2026

Field Closure

6 to 7 December

Christmas Overnight Camp

16 to 18 December

Christmas Pony Camp

Social

January

Prosperity Golden Garlic DIY Workshop for Adults

February

Annual Lunar New Year Lo-Hei Celebration
 Rolling Good Time Karaoke Session
 with Buffet Lunch

March

Soap Making Workshop for Kids
 Essential Oil Health Talk & Workshop for Adults
 DIY Leather Pouch Workshop for Adults
 Live Music at Polo Bar

April

• Easter Party for Kids

 Moving Sand Art Workshop with Lighted Base for Adults

Songkran By The Pool for Kids
 Live Music at Polo Bar

May

Desert Plant Potting
 (Succulent Terrarium Workshop)
 for Adults & Kids
 Totebag Painting & Silkscreen Printing
 Workshop for Adults & Kids

 Live Music at Polo Bar

June

- 3D Animal Fun for KidsFlea Market
- Manga Workshop for KidsLive Music at Polo Bar

July

Musical Box Workshop for Kids
 Laser Tag for Kids
 DIY Snowskin Workshop for Kids
 Live Music at Polo Bar

August

DIY Lovely Globe (Kids & Adults)
 DIY Mosiac Candle Holders
 Musical Carousel Workshop for Adults & Kids
 Live Music at Polo Bar

September

Mid-Autumn Party for Kids
 Batik Printing Workshop for Adults
 SPC Outreach Polo Tournament & Carnival
 Live Music at Polo Bar

October

Halloween Party for Kids
Ikebana Flower Arrangement Class for Adults
Acrylic Pour Painting Workshop for Adults
Live Music at Polo Bar

November

SPC's Got TalentChristmas Light-up

December

Christmas Cookies Decoration Workshop
 Miniature Decoratives Christmas Tree
 & Ornament Workshop for Kids



A Tribute To:

Alston Beinhorn

by Jeffrey Hardee

wonderful aspect of the Singapore Polo Club is a mix of long-time members, generational members and expatriates who come and go. There are those who really make a mark on the organization and polo community at large. Alston Beinhorn was one such member. Sadly, Alston succumbed to cancer on December 7, 2024 at the age of 73, while residing in Texas and still involved with horses with a breeding operation for polo ponies.

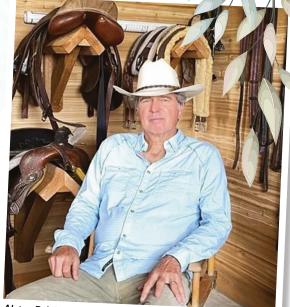
Alston and family first moved to Singapore in 1987. Alston was already an avid polo player, with experience leading teams from Texas to play with royalty in Brunei and Malaysia. He played polo actively in Singapore before transfers to London and Toronto. The Beinhorns returned to Singapore in 2007 through 2013 and again made the Singapore Polo Club their home. Alston played regularly and held Committee positions of Treasurer, Secretary and Polo Captain.

Alston's daughters, Summer and Camille, pursued polo in Singapore, becoming polo members of the club and developing their handicaps. Camille played in the early women's tournaments, and Alston played a key role in promoting women's polo in the region. He spearheaded the original women's polo events at the club and brought top players like Sunny Hale and Nina Vestey-Clarkin to Singapore to elevate the women's game.

Inspired by his daughters' passion for the sport, Alston also helped launch a youth polo program with focused training. Alongside Dr. Masood Faizullah, he envisioned and donated the Beinhorn-Faizullah Cup for a youth tournament, which became an annual event. His wife Holly Tupper started a line of decorative polo shirts while in Singapore, adding to the family's close connection to the sport.

Alston had a knack for making connections. A memorable example was the invitation he made to the Ghengis Khan Polo Club in Mongolia to bring a team to Singapore. Bring a team they did, along with a Mongolian yurt set up near the polo field to showcase the traditional dwelling of nomadic families. This was a catalyst for return interaction with the Mongolian club.

After polo, Alston would enjoy socializing with players at the Chukka Bar but a must wear before doing so was a signature bandana around his neck. His easy demeanor and sharp mind made for good conversation. The Singapore Polo Club salutes Alston Beinhorn's legacy and extends our condolences to Holly, Summer, Camille and families.



Alston Beinhorn



Alston Beinhorn and his wife, Holly Tupper



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Singapore Polo Club Hosts ITE College East Students for an Educational Equestrian Visit

n 7 October, we had the pleasure of hosting 85 students from ITE College East for an engaging and educational visit. Led by Mr. Sylvan Braberry, our General Manager and Head of Atoms Polo Academy and SPC Riding Academy, the students were given a unique insight into the world of club management, equestrian sports, and the operations behind our club's academies.

The afternoon kicked off with an informative presentation by Mr. Braberry, who shared his expertise on various topics, including the intricacies of club management, the role of academies in promoting polo and equestrian sports, and what sets the equestrian industry apart in Singapore. His sharing also sparked a lively Q&A session, where students eagerly asked questions about customer service, dispute resolution, and other relevant industry topics.

Following the presentation, the students were taken to the covered arena where they had the chance to meet and interact with our horses, CJ and Bandit. For many, this was their first time engaging with horses, and the excitement was palpable as students fed and interacted with them.

The students then enjoyed a thrilling polo demonstration by Colonel Ravi Rathore, the lead polo professional at Atoms Polo Academy. They were also given the opportunity to try their hand at polo by hitting a ball with a polo mallet, with some lucky participants winning prizes in a mini competition.

To conclude the visit, Mr. Braberry led the students on a tour of the stables, showcasing essential facilities such as the feed room, horse walker, and shower bay. This provided the students with a deeper appreciation for the hard work and dedication required to maintain the welfare of the horses.

It was an enriching afternoon, and we hope the students left with a greater understanding of the equestrian world and the operations that keep it running smoothly.



A photo moment with Mr Sylvan Braberry and ITE lecturers



Mr Sylvan Braberry happily interacting with students at the polo field



Mr Braberry giving the students a tour at the stables



A student practising swinging with a polo mallet



Mr Braberry addressing the students at the Mountbatten Room



Students having fun when interacting with our horses





Colonel Ravi Rathore (in white) teaching the students about various polo swings



A photo moment at the stable to complete the visit

Celebrating the Festival of Lights

eepavali is a vibrant annual festival celebrated by Hindus around the world. Its name, meaning "a row of lights," represents the triumph of light over darkness and good over evil.

This year, Mr Sylvan Braberry, our General Manager, who is also the Head of Atoms and Riding academies marked the occasion by hosting a delightful lunch for the contract staff of the Housekeeping and Facilities department. The gathering was filled with excitement, warmth and camaraderie as Mr Braberry happily engaged the team, expressing his appreciation for all the hard work they had put in for the Club and distributing

thoughtfully curated goodie bags. The afternoon was made even more special with a lucky draw, where team members won prizes personally selected and purchased by Mr Braberry. Lunch was cooked and prepared by none other than our Grounds Manager, Subramanyam with tantalizing desserts and Nasi Briyani that was out of this world.

We extend our heartfelt thanks to the "silent heroes" who work tirelessly behind the scene to ensure the pristine cleanliness of the clubhouse, grounds, clubrooms and the polo field. This celebration not only celebrated the essence of Deepavali but also strengthened the sense of unity within the Club's community.

Contract workers from Eng Leng, Premier Security and AYM beaming with smiles as they enjoy their lunch and lucky draw prizes and goodie bags. Thanks to the SPC team headed by Front Reception and Housekeeping Manager, MPS Rajan, Karen Ying and Wendy Lau who together with SPC staff; organised this meaningful event.





EQUINE ASSISTED PSYCHOTHERAPY

by Cathy Livingston

Cathy Livingston, a certified Mental Health Counsellor and Psychotherapist, offers a unique approach to therapy through Equine Assisted Psychotherapy at the Singapore Polo Club. As a certified Equine and Mental Health Professional in Trauma Informed Equine Assisted Psychotherapy, Cathy is involved in the Club's Outreach initiatives and works with clients aged 12 and above who are experiencing anxiety, depression, adjustment issues and the adverse effects of trauma.

To learn more about Cathy's expertise and services, please visit www.livingstoncounselling.com



Star Search 2024

Behind-the-scenes of Singapore's most influential talent show which made a comeback after a 5-year hiatus

ingapore Polo Club is proud to be the venue partner for the official photoshoot and behind-the-scenes filming of Star Search 2024! It is a worthy mention that this primetime programme is one of Singapore's most influential shows which made a comeback after a 5-year hiatus.

During the one-day filming which comprised of photography and videography sessions, participants had to undergo various tasks involving our charming Riding Academy horses and they aced them all!

Here are some behind-the-scene sneaks.







The Star Search 2024 Finals was telecast live on 24 November, on Channel 8.





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Beaujolais Cup

Team SPC White clinched the Champions title at this all-ladies tournament

hat a day on the polo field! We celebrated teamwork, elegance, along with a little friendly competition at the Beaujolais Cup, an all-ladies tournament on 26 and 27 October.

Team SPC White clinched the Championship trophy after a fierce battle with Team SPC Purple. The teamwork and camaraderie that the ladies shared on the field is what makes this sport so special.

Congratulations to the winning team and all players for a remarkable play over the two days.

Most Valuable Player (Amateur)

Ella Santosa

Best Playing Pony

Brahma owned by SPC and played in the match by Indiana Bennetto

Best Turned-Out Pony
Marina owned by Jane Drummond

SCORE OF MATCHES

Saturday, 26 October

SPC Purple 4 vs SPC White 5 1/2

Billie Mascart	3 goals
Anna Lowndes	1 goal

Indiana Bennetto	4 goals
Sandy Deng	1 goal
Goal Advantage	½ goal

Sunday, 27 October SPC Purple 4 vs SPC White 4 ½

Billie Mascart	3 goals
Anna Lowndes	1 goal

Indiana Bennetto	4 goals
Goal Advantage	½ goal

SPC PURPLE		SPC WHITE (WINNERS)	
Billie Mascart (Capt.)	4	Indiana Bennetto (Capt.)	5
Anna Lowndes / Doreen Pattijin	2	Sandy Deng	1
Jane Drummond	1	Emma Gordon	1
Wu Jiat Hui	1	Ella Santosa / Sarah-Jane Clark	0





Team SPC Purple From left to right: Wu Jiat Hui, Jane Drummond, Doreen Pattijn, Anna Lowndes, Billie Mascart



Team SPC White From left to right: Indiana Bennetto, Sandy Deng, Emma Gordon, Sarah-Jane Clark and Ella Santosa



Mr Satinder Garcha, Polo Captain (left) awarded Ella Santosa the Most Valuable Player (Amateur) award



Best Turned-Out Pony – Marina owned by Jane Drummond



Best Playing Pony – Brahma owned by SPC and played in the match Nothing beats the thrill of teamwork on the polo field! by Indiana Bennetto











Snippets of the action from the two-day tournament

Atoms Novice Cup 2024

e wrapped up the inaugural Atoms Novice Cup with a bang on 3 November. Played over 2 days, the intense yet friendly tournament featured our budding Atoms polo players.

The team was honoured to have the Club's Honorary Secretary, Mrs Stephanie Masefield, accompanied by General Manager and Head of Atoms Polo Academy and SPC Riding Academy, Mr Sylvan Braberry, kick off the match with a throw-in and award the players during the prize presentation.

Congratulations to Atoms White comprising Ash Khan, Magali Sandstrom and Chris Tan on winning their debut tournament in the inaugural Atoms Novice Cup. Team Atoms White was relentless on the field, scoring a total of 7 goals over the weekend. Congratulations for the well-deserved triumph!

We would also like to give a shoutout to Atoms Red and Atoms Black players for being such outstanding contenders! The camaraderie fostered between fellow Atoms players throughout the tournament was a testimony to the true Atoms culture.

Most Valuable Players:

Ash Khan and Magali Sandstrom

Best Playing Pony:

Cumbia

Atoms White (Champions)	Atoms Red	Atoms Black
Ash Khan	Carolyn Sullivan	Katharina Beckmann
Magali Sandstrom	Jackielyn Lao	Amanda Williams
Chris Tan	Chui Wai Cheng	Sharlene Low-Jap

Polo Professional Saturday and Sunday: Cody Williamson Polo Professional
Saturday: Colonel Ravi Rathore
Sunday: Sani Khan

Polo Professional Saturday: Sani Khan Sunday: Colonel Ravi Rathore



Three cheers to Atoms! Here's to more tournaments, goals and happy moments for the year.



Ash Khan and Magali Sandstrom were both presented with the Most Valuable Player award by the Club's Honorary Secretary, Mrs Stephanie Masefield and the Club's General Manager and Head of Atoms Polo Academy and SPC Riding Academy, Mr Sylvan Braberry



Ash Khan and Mrs Stephanie Masefield with Best Playing Pony,



Atoms White, the Champion of the tournament



 $Atoms\ Red\ and\ Atoms\ Black,\ with\ our\ polo\ professionals,\ Cody\ Williamson,\ Sani\ Khan\ and\ Colonel\ Ravi\ Rathore,\ Mrs\ Stephanie\ Masefield\ and\ Mr\ Sylvan\ Braberry$



Mrs Stephanie Masefield with a ball throwin to mark the start of the tournament



Light-hearted fun moments on field





Intense moment on the field between the teams





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- Ideal product launch platform
- Brand association with other high-profile companies



Brands that we've worked with:





































Grooms Cup 2024

eld on 29 November, the Annual Grooms Cup saw a mix of intensity, skill and camaraderie amongst our groomers and rider boys. The energy at the covered arena was electric and the competition fierce! After a tough battle with one another, the final chukka closed off with a score of six versus six which resulted in a penalty shoot-out.

Team SPC Red scored five goals against their opponents Team SPC White, who fell back by a goal resulting in them becoming

the runners-up of the tournament.

The night ended with a Kenduri, known as a celebratory meal for all players and stable staff at the thoroughfare. During the dinner, the players reminisced their playing moments with one another, upholding the camaraderie of the sport.

Congratulations to Team SPC Red, all players and their horses who were such awesome troopers throughout the chukkas.

Winners: SPC Red

Most Valuable Player: Kirin of Team SPC White

Best Playing Pony: Wanda ridden by Rayman of Team SPC Red

Score of Match: SPC Red 6 vs SPC White 6

SPC Red 5 vs SPC White 4 (Penalty Shoot-out)

SPC Red (Winners)	SPC White
Mavin	Syed
Rao	Esa
Madu	Nelson
Rayman	Kirin



The 2024 Grooms Cup officially kicked off with the presence of our Honorary Secretary, Mrs Stephanie Masefield and General Manager and Head of Atoms Polo Academy & SPC Riding Academy, Mr Sylvan Braberry



3 cheers to the Grooms Cup!



Champions: Team SPC Red

From left to right: Cody Williamson, Colonel Ravi Rathore, Mr
Sylvan Braberry, Mrs Maureen Miller, Madu, Rayman, Rao and Mavin



Runner-up: Team SPC White **From left to right:** Cody Williamson, Colonel Ravi Rathore, Mr Sylvan Braberry, Mrs Maureen Miller, Kirin, Nelson, Esa and Syed



Kirin of Team SPC White receives the Most Valuable Player award from Mrs Maureen Miller and Mr Sylvan Braberry



Best Playing Pony, Wanda ridden by Rayman of Team SPC Red



Intense emotions as we cheer the players on



Players getting a quick briefing from Colonel Ravi Rathore, Lead Polo Professional of Atoms Polo Academy and umpire of the match



Team SPC White vying to take the lead



as they attempt to get the ball



Team SPC White takes a penalty













Players autographing an Atoms jersey (left) and Mr Sylvan Braberry (right) proudly showcasing the autographed jersey

Bubble Soccer

ho knew soccer could be this fun? A unique twist on the classic game had the children suited up in bubble encompassed floats. Packed with laughter, excitement and a little friendly competition, our young attendees had some epic moments on 29 November despite the muddy, wet field.

Bounces, hits and tumbles flew as the children boosted their scores with communication and teamwork.

Keen to be part of such thrilling activities this year? Reach out to our Academies for more details via riding@singaporepoloclub.org or atoms@singaporepoloclub.org.

















- Weekly intakes
- Open to Members and Non-members
- Wholesome outdoor activities set in a safe and fun environment for children aged 6 to 12
- Classes are 45mins each and held on Tuesdays, Wednesdays, Fridays & Sundays
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ur riders elevated their riding skills at our Dressage Interclub Show held on 12 and 13 October! This twoday event was more than just a competition; it was a celebration of dedication, teamwork, and the love for horses.

Congratulations to everyone who participated!

SATURDAY, 12 OCTOBER 2024

FEI PRIX ST. GEORGE EDITION 2009 - UPDATE 2022

1st place:

Megan Ding & J'Adore 66.324%

2nd place:

Gina Lim & Heathrow W 58.382%

EA ADVANCE 5.1 (EFFECTIVE 2023)

1st place:

Kamila Wilson & Derrel 66.486%

EA ELEMENTARY 3.1 (EFFECTIVE 2023)

1st place:

Ay Wen Lie & Gaudi 65.143%

2nd place:

Lilly De Geytere & Rambo 62.714%

EA NOVICE 2.1 (EFFECTIVE 2023)

1st place:



SUNDAY, 13 OCTOBER 2024

FEI INTERMEDIATE I EDITION 2009 - UPDATE 2022

1st **place:** Megan Ding & J'Adore 68.235%

FEI JUNIOR TEAM TEST (SENIOR II) EDITION 2012

1st place:

Kamila Wilson & Derrel 66.212%

EA ADVANCED 5.3 (EFFECTIVE 2023)

1st place:

Gina Lim & Heathrow W 62.432%

EA ELEMENTARY 3.3 (EFFECTIVE 2023)

1st place: Ay Wen Lie & Gaudi 63.171%

EA NOVICE 2.3 (EFFECTIVE 2023)

1st place:

Lilly De Geytere & Pio 65.429%

2nd place: Belinda Chin & Halifax 61.143%

EA PRELIMINARY 1.3 (EFFECTIVE 2023)

1st place: Aisha Eva Klomp & Golden Crown 64.583%

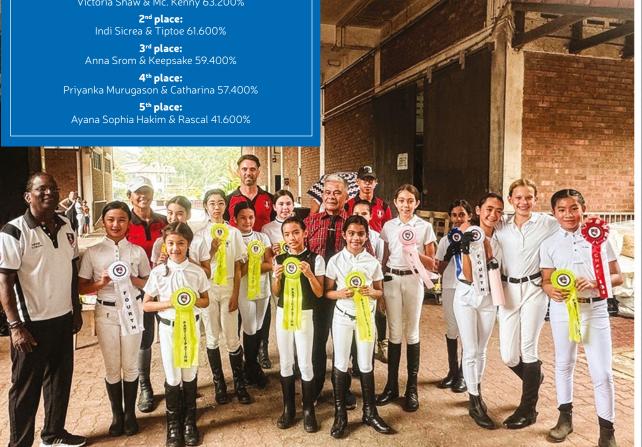
2nd place:

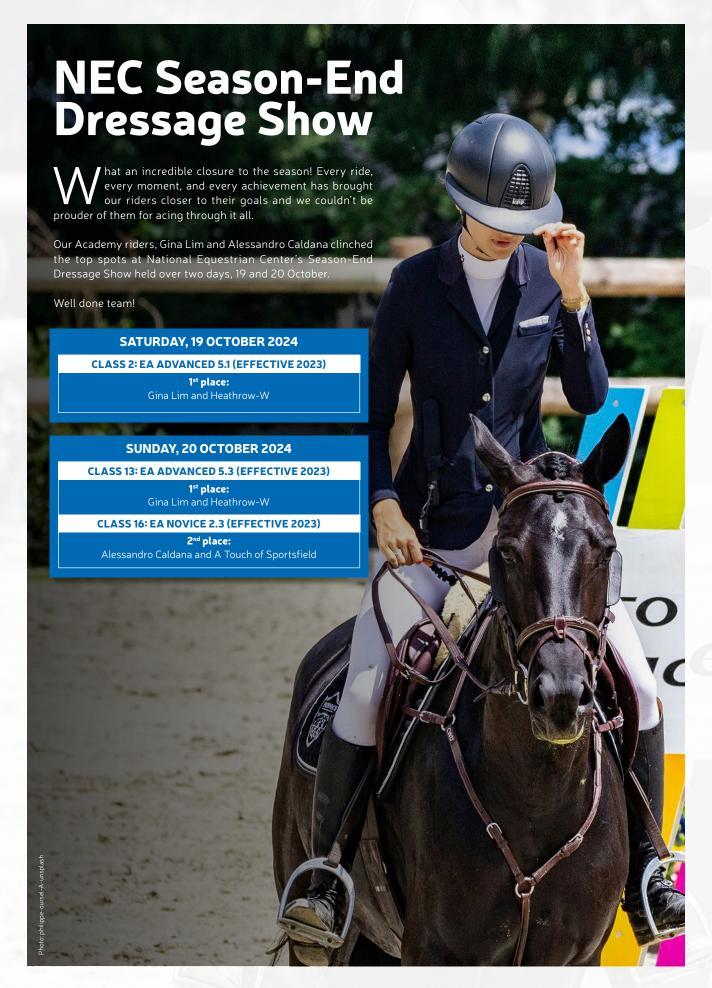
Zoe De Geytere & Mc Kenny 62.500%

EA PRELIMINARY 1.1 (20 X 40) ARENA (EFFECTIVE 2023)(JUNIOR)

Victoria Shaw & Mc. Kenny 63.200%









YOUR GATEWAY TO THE EQUESTRIAN WORLD



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SPC Young Rider, Grace Toal

With passion and determination, our young rider, Grace Toal is ready to conquer the equestrian world one ride at a time. She shares with us about her riding journey and reveals her idol in the equestrian world. Keep shining, superstar!

When did you start riding, and how old were you? I started riding in 2021; the year I turned 8 years old.

When did you join SPC and what do you like about the club? I joined SPC in 2021 because it has a good Riding Academy with

friendly coaches. I have made many friends throughout these few years who like me enjoy riding.

How long do you train / How many days do you train in a week?

Last year, I trained twice a week. However, I would like to start training thrice a week starting from this year.

How do you find time to juggle between school and riding?

Besides riding, I play football competitively. I complete all my homework before I attend my riding lessons or football training sessions. So far, I have not encountered any time management issues.







Any interesting experience?

Yes. I have fallen off the horse many times. It is a scary experience but quitting is not an option for me. I just pick myself up, dust it off and go again.

Do you ride on your own horse, or is there a favourite horse you're comfortable riding?

I do not own a horse but my favourite horses at the Academy are Rascal and Sir James. Most of my lessons and competitions are with them. Over the years, I have learnt so much through them and I am thankful for that.

Who is your idol in terms of riding?

My riding idol is Harlow Luna White, an equestrian influencer based in The United Kingdom. She is an inspiring rider who taught me how to tack and untack my horse through her YouTube videos.

Have you participated in any training shows, interclub shows, nationals or world championships?

I have participated in local inter club shows for the past two years. In the coming years, hopefully I would like to participate on a national level.

Have you visited any riding clubs overseas or engaged in any riding activities?

I have not visited any riding club overseas but have engaged in riding activities in Ireland. I loved the experience very much and it's etched close to my heart.

What's your advice for someone intending to take up riding?

My advice to new riders would be to form a connection with your horse and you should not be afraid to fall off a horse.

What are your future plans and ambitions, where do you see yourself?

I would like to jump 105cm by the end of 2025.









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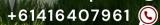


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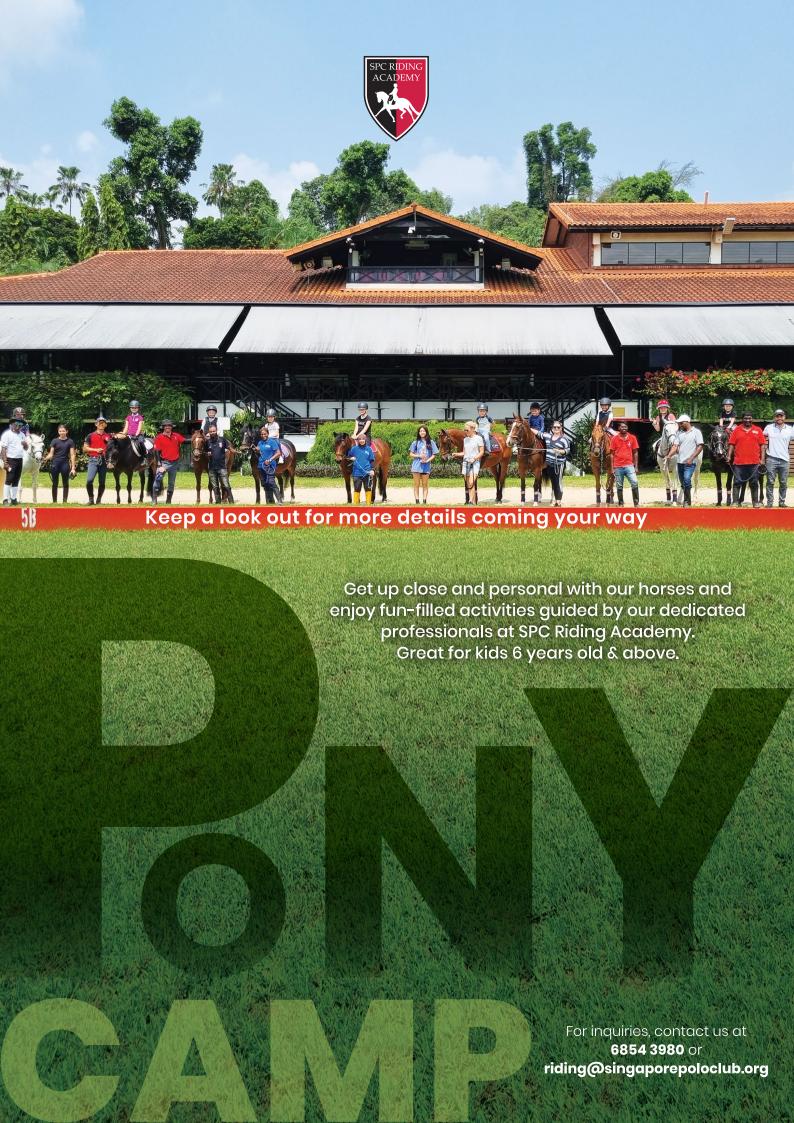
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ONE STEP CLOSER TO PERFECTION



October Pony Camp

PC Riding Academy and Atoms Polo Academy hosted their October Pony Camp from 15 to 17 October. Kicking off during the school holidays, the camp saw a crossover of students from both the Academies which enabled the children to make new friends and find out more about each equestrian discipline.

Incorporating both riding and polo elements, the three-day outdoor camp was an eye-opener for our happy campers. They enjoyed

joyful train rides, exciting jungle trail rides, thrilling treasure hunt and got to spend lots of quality time interacting with our horses and ponies.

Our pony camps offer the perfect opportunity for kids to discover the joy of riding and bonding with our four-legged majestic pals. Email <u>atoms@singaporepoloclub.org</u> or <u>riding@singapore poloclub.org</u> to be part of their upcoming camps and activities.



Atoms polo professional, Cody Williamson (in white) with our groomers and pony campers



Happy campers with their certificate of completion



Leading a pony



Experiencing a fun ride at the covered arena on our riding school horses $% \left\{ \mathbf{r}_{i}^{\mathbf{r}_{i}}\right\} =\mathbf{r}_{i}^{\mathbf{r}_{i}}$



Atoms polo professional, Cody Williamson showing a saddle pad to the children



Incorporating some polo element to the camp - learning to use a polo wrap on a polo pony's legs $\,$



Pony campers enjoying a ride around the arena



Riding instructor, Danial guiding a rider to shower a horse using the right technique



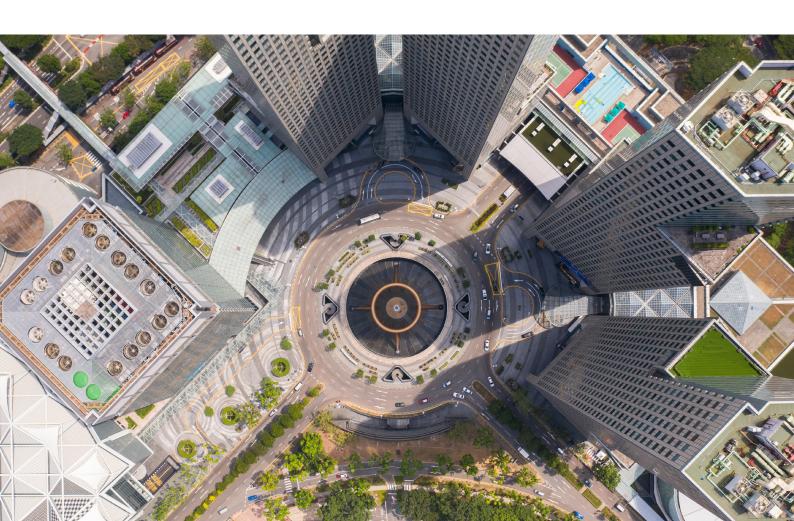


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Join us for an evening of abundance and prosperity at our lively Lo-Hei gathering! Celebrate the arrival of the Year of the Snake as we toss the ingredients of the raw fish salad together, embracing the promise of a prosperous year ahead.

FRIDAY, 7 FEBRUARY 2025 7PM, THE POLO BAR

Event Highlights:

- Lo-Hei
- Lion Dance Performance
- Plucking the Greens Ceremony
- Phototaking with Fortune Mascot

This event is complimentary.

Open to members and their guests only.

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Ladies 18 years old and above are invited to showcase their elegance in our Best Cheongsam Contest!

To enter, simply submit a photo of yourself wearing your finest Cheongsam for selection.

Participation Fee: \$28 nett Eligibility: 18 years and above

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Please register your attendance and submit your Cheongsam entry to





LUNAR NEW YEAR STAYCATION

Ring in the Year of the Snake and elevate your experience by staying in our exquisite club rooms! Indulge in comfort and style while you celebrate the season with family and friends.

From \$221* per night

Applicable on 28, 29 & 30 January 2025

Room stays are for members and their guests only

To book a stay, email reception@singaporepoloclub.org







Featuring our six young talents from the SPC's Got Talent competition

















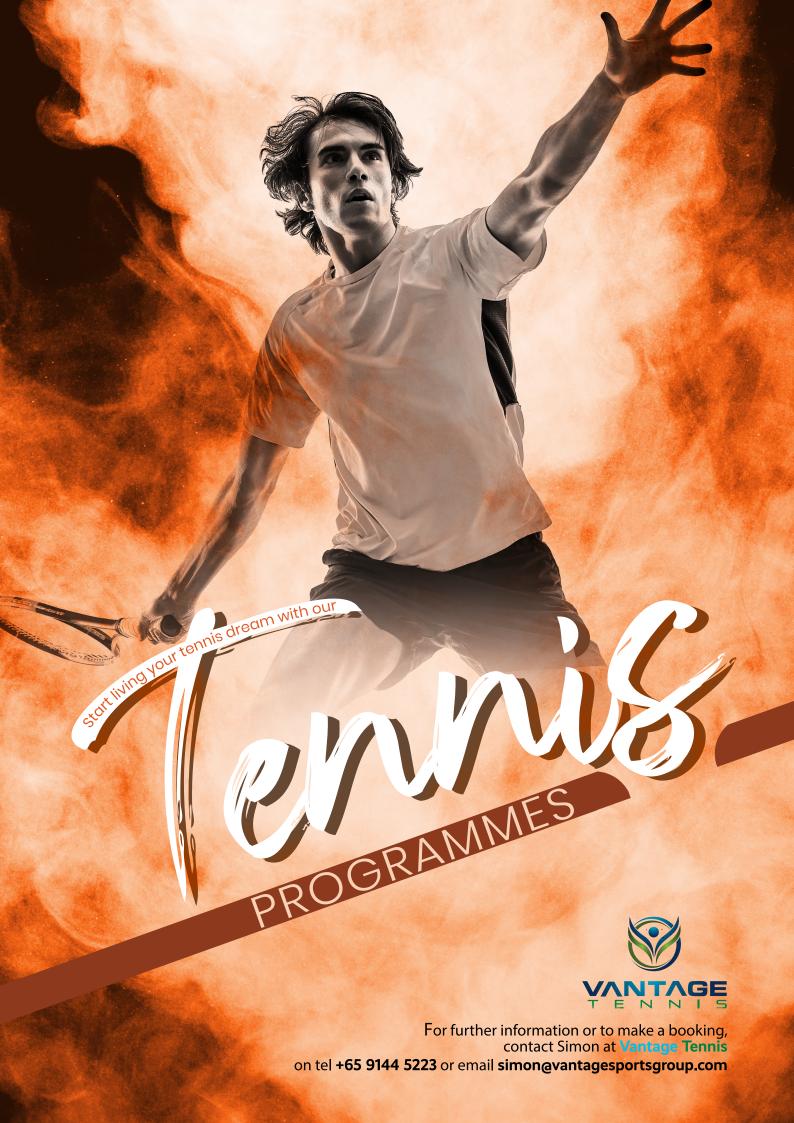




From left to right: Committee Member, Mr Leon Chu, President, Mr Lawrence Khong, Honorary Secretary, Mrs Stephanie Masefield cut the giant log-cake and officiated the light-up











The Path to Balance **Begins at Your Feet**

Your feet carry you through life, but they do much more than support your weight -they hold the key to your body's overall well-being. With every step, you're closer to better health.

Reflex Points: A Map to Your Health

Foot reflexology works by stimulating specific areas on your feet that are linked to different parts of your body. For example, the ball of your foot connects to your lungs, while the arch relates to your digestive organs. A gentle massage of these reflex points can help relieve pain,

improve circulation, reduce stress, enhancing your overall wellness. Our foot reflexology chart showcases how each point corresponds to vital organs, providing a holistic approach to healing.

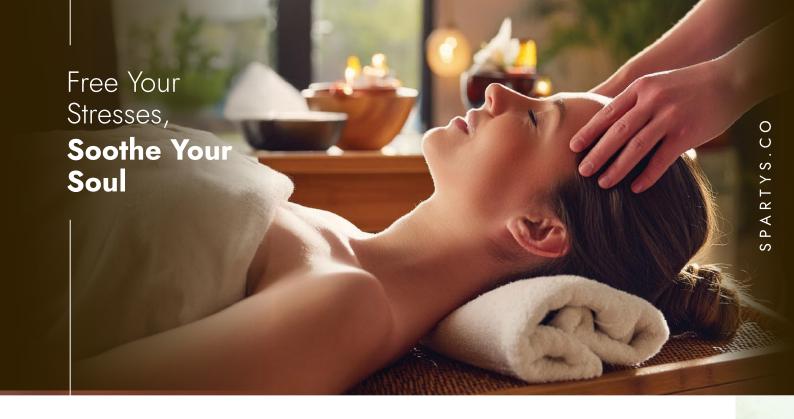
Reflexology helps detoxify the body... and improve sleep patterns.

The Benefits of Foot Reflexology

Beyond relaxation, "Happy Feet" foot massages are packed with health benefits. Reflexology helps detoxify the body, boost your immune system, and improve sleep patterns. By stimulating key reflex points, this therapy promotes better energy flow, eases tension, and supports your body's natural healing processes. Whether you're looking for stress relief or a wellness boost, Happy Feet is your go-to for all-around health.

Your Well-Being, One Footstep at a Time

Let us guide you through the world of reflexology, promoting balance and rejuvenation from the ground up. It will leave you feeling light, refreshed, and ready to walk into 2025 with vitality and strength!





Happy Feet

Our Happy Feet treatment stimulates reflex points in the feet and calves, invigorating your entire body and boosting energy levels. It also helps you to relax after a long day of walking.

Benefits:

It improves digestion and overall well-being, promotes relaxation, and enhances sleep quality, calming the mind, and restoring balance to your body.

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8 Auspicious Food to Ring in Lunar New Year

Feast your way into the Year of the Snake with these 8 auspicious and delectable foods that bring in good luck, fortune and joy! From dumplings to noodles, each dish is a symbol of prosperity. What's on your festive table this year?



1

Fish

In Chinese, "fish" (Yú/yoo/) sounds like 'surplus'. Indulging in a sumptuous steamed fish signifies progress, abundance and luck. It is also customary to leave some fish uneaten after the meal as a symbol of hope for a prosperous year ahead.



Yu Sheng

Yusheng meaning "raw fish" in Chinese, is a salad dish comprising thin slices of raw fish, an array of vegetables and seasonings that are mixed together as diners toss the ingredients. The tossing of yusheng signifies prosperity, opportunities, good luck and health.



Mandarin Oranges

Signifying prosperity, good fortune and abundance, mandarin oranges are a staple during Lunar New Year. They are exchanged in pairs as a way to wish your loved ones with happiness and prosperity. In the Chinese culture, even numbers are considered auspicious. Mandarin oranges with stems and leaves still attached are known to symbolise longevity and fertility.



Spring Rolls

Spring rolls signify wealth during the Lunar New Year season. These are usually filled with vegetables, meat or sweet ingredients, wrapped with a thin paper dough and deep-fried till golden brown. Resembling "gold bar" blocks, they are termed as a wish for prosperity.

















Nian Gao Known as 'y

Known as 'year cake', these are the perfect blend of tradition and taste. This chewy rice cake is eaten every Lunar New Year to symbolise a more prosperous year. They are sticky, sweet snacks made from glutinous rice flour, water, sugar and is eaten hot.

Roast Chicken
During the new yea

During the new year, chicken is usually served whole to symbolize 'unity' and 'wholeness', while also signifying 'a good beginning and end' to the year. They can be served braised or roasted for a reunion meal.

Dumplings

These thinly rolled pieces of dough are filled with ground meat and vegetables which are sealed by pressing the edges together. They are best eaten boiled, steamed or pan-fried with an accompaniment of sauces. A belief has it that the more dumplings you eat during the New Year celebrations, the more money you can make in the New Year.

Longevity Noodles

Longevity noodles represent happiness

and longevity. It's length and unsevered preparation are also symbolic of the eater's life. The noodles are usually served uncut, stir fried or boiled and served in a broth.



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Eating A Healthy Breakfast

Breakfast is often called the most important meal of the day, and for good reason. Eating breakfast every day is a key component of maintaining a healthy diet as it helps regulate your metabolism and provides your body with the necessary energy and nutrients to start the day. It also helps control your hunger, reducing the likelihood of overeating later on.

Why Breakfast Matters:

Metabolic Boost: Breakfast jump-starts your metabolism, helping your body burn calories more efficiently throughout the day.

Nutrient Intake: A balanced breakfast provides essential vitamins and minerals that support overall health, including brain function and energy levels.

Appetite Control: Eating a nutritious breakfast helps prevent midmorning hunger pangs and reduces the temptation to snack on unhealthy foods.

Healthy Breakfast Ideas:

Oatmeal with Fruit: Rich in fiber and antioxidants, oatmeal paired with fresh fruit is a nutritious way to start your day.

Whole-Grain Toast with Nut Butter: This combination provides a good balance of protein, healthy fats, and complex carbohydrates.

Eggs with Vegetables: Eggs are a great source of protein, and adding vegetables boosts your intake of vitamins and minerals.



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LESSONS ON MONDAYS & FRIDAYS
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LESSONS ON SATURDAYS 5 TO 14 YEARS 9.00AM – 12.00PM

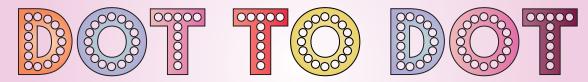
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